# REC NEWS



#### **ACTIVITY CENTER INFORMATION SCHEDULE**

www.stmartinsepiscopal.org (713) 621-8625

**ISSUE NO 02** 

JANUARY 6, 2019 - JANUARY 12, 2019

# **DAILY SCHEDULE FOR THE WEEK JANUARY 6 - JANUARY 12, 2019**

## Sunday, January 6

10:15 a.m. - 11:00 a.m. Seekers - Aerobics Room

### Monday, January 7

| 8:00 a.m 9:00 p.m.  | FACILITIES OPEN  |
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| 8:00 a.m 9:00 p.m.  | Personal Trainer - Weight Room   |
| 9:00 a.m 10:00 a.m. | Swaybody Fitness Class - Aerobics Room - Norma Perez                           |
| 9:00 a.m 1:00 p.m.  | Saintly Stitchers - Upper Hall East  |
| 9:00 a.m 4:00 p.m.  | Lily Carrigan's Bridge Group - Lobby (one table)                               |
| 10:00 a.m 1:00 p.m. | Adele Pieper's Mah Jongg Group - Lobby (one table)                             |
| 10:00 a.m 3:00 p.m. | Sally DeWalch's Mah Jongg Group - Lobby (one table)                            |
| 10:00 a.m 3:00 p.m. | Shirley McAllister's Mah Jongg Group - Lobby (one table)                       |
| 11:00 a.m 4:00 p.m. | Mary Kaeppel's Mah Jongg Group - Lobby (one table)                             |
| 1:00 p.m 4:00 p.m.  | Maurine Alfrey's Mah Jongg Group - Lobby (one table)                           |
| 1:00 p.m 4:00 p.m.  | Supervised Bridge Play - Upper Hall West - Joyce Ryan                          |
| 2:45 p.m 3:30 p.m.  | Monday Soccer Shots - Gym  |
| 3:00 p.m 6:00 p.m.  | Spring Piano Lessons - Family Room - Marilyn Hanovich                          |
| 4:00 p.m 5:00 p.m.  | Basketball League Practice - 5th Grade Girls - Gym - Coach Tom Schmidt         |
| 4:45 p.m 5:45 p.m.  | Jazzercise - Upper Hall East   |
| 5:00 p.m 6:00 p.m.  | Basketball League Practice - 1st Grade Girls - Gym - Coach Wells McGee         |
| 5:00 p.m 6:00 p.m.  | Basketball League Practice - 2nd Grade Girls - Gym - Coach Cris Pye            |
| 5:15 p.m 6:15 p.m.  | Low Impact Aerobics - Aerobics Room - Lori Priess                              |
| 6:00 p.m 7:00 p.m.  | Basketball League Practice - 4th Grade Girls - Gym - Coach John Nash           |
| 6:00 p.m 7:00 p.m.  | Basketball League Practice - 4th Grade Girls - Gym - Coach Ron Hankamer        |
| 6:00 p.m 7:15 p.m.  | Jazzercise - Upper Hall  |
| 7:00 p.m 8:00 p.m.  | Basketball League Practice - 5th-6th Grade Girls - Gym - Coach Billy McCartney |
| 7:00 p.m 8:30 p.m.  |  |

## Tuesday, January 8

| 8:00 a.m 9:00 p.m.<br>8:00 a.m 9:00 p.m.<br>8:30 a.m 9:30 a.m.<br>8:30 a.m 12:00 noon<br>9:00 a.m 12:00 noon<br>9:00 a.m 12:00 p.m.<br>10:00 a.m 2:00 p.m.<br>10:00 a.m 12:00 noon<br>10:00 a.m 12:00 noon<br>10:00 a.m 12:00 noon<br>11:00 a.m 12:00 noon<br>12:00 noon- 2:00 p.m.<br>12:00 noon- 3:00 p.m.<br>1:00 p.m 3:00 p.m.<br>2:45 p.m 3:30 p.m.<br>3:00 p.m 6:00 p.m. | Personal Trainer - Weight Room Swaybody Fitness Class - Aerobics Room - Norma Perez SMEP Gym Class - Gym Prayer Shawl Ministry - Family Room - Shirley McAllister Tuesday Art Club - Upper Hall East Sally Ward's Bridge Group - Lobby (one table) Dee Lawrence's Mah Jongg Group - Lobby (one table) Mah Jongg Lessons: Continuation Class - Fellowship Room - Sally Pehr January Bridge Workshops: Defense - Upper Hall West - Joyce Ryan OPUS - Aerobics Room Men's Lunchtime Basketball - Gym Sande Lyman's Mah Jongg Group - Lobby (one table) January Bridge Workshops: Play of the Hand - Upper Hall West - Joyce Ryan LEGO Class - Preschool - Fellowship Room Little Geniuses Chess Class - Game Room - Knight School |
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| 3:00 p.m 6:00 p.m.   | Spring Piano Lessons - Family Room - Marilyn Hanovich  |
| 3:45 p.m 4:30 p.m.<br>4:00 p.m 5:00 p.m.<br>4:45 p.m 5:45 p.m.   | Ballet Class: 5 - 6 year olds - Aerobics Room - River Oaks Dance Company Basketball Development Clinic - Gym - Larry Gatewood Jazzercise - Upper Hall East   |
| 5:00 p.m 6:00 p.m.<br>6:00 p.m 7:00 p.m.<br>6:00 p.m 7:00 p.m.<br>6:00 p.m 7:15 p.m.   | Basketball League Practice - 2nd Grade Boys - Gym - Coach Brett Hogan<br>Basketball League Practice - 3rd Grade Girls - Gym - Coach Doug Aron<br>Basketball League Practice - 2nd Grade Girls - Gym - Coach Ashley Hanna<br>Jazzercise - Upper Hall  |
| 7:00 p.m 8:00 p.m.<br>7:00 p.m 8:00 p.m.   | Basketball League Practice - 5th-6th Grade Boys - Gym - Coach Sam Cruse<br>Basketball League Practice - 5th-6th Grade Girls - Gym - Coach Jonathan Hyman   |

# **DAILY SCHEDULE FOR THE WEEK JANUARY 6 - JANUARY 12, 2019**

# Wednesday, January 9

| 8:00 a.m 9:00    | 0 p.m. | FACILITIES OPEN  |
|------------------|--------|--|
| 8:00 a.m 9:00    | ) p.m. | Personal Trainer - Weight Room   |
| 8:30 a.m 9:30    | ) a.m. | Swaybody Fitness Class - Aerobics Room - Norma Perez                     |
| 8:30 a.m 12:0    | 0 noon | SMEP Gym Class - Gym   |
| 9:00 a.m 11:00   | a.m.   | Adult Art Studio - Upper Hall East                                       |
| 9:00 a.m 12:0    | 0 noon | Blanket Ladies - Family Room   |
| 10:00 a.m 12:30  |        | Catherine Waldmann's Mah Jongg Group - Lobby (one table)                 |
| 10:00 a.m 2:00   | 0 p.m. | Jeanne Neu's Mah Jongg Group - Lobby (three tables)                      |
| 10:00 a.m 2:00   | 0 p.m. | Pam Smith's Mah Jongg Group - Lobby (one table)                          |
| 12:00 noon- 3:00 |        | St. Clare's Needlepoint Guild - Upper Hall East                          |
| 12:00 noon- 3:00 |        | Laura Jenkins' Mah Jongg Group - Lobby (one table)                       |
| 2:45 p.m 3:1     |        | Tae Kwon Do - Little Dragons - Aerobics Room - Master Bruce              |
| 2:45 p.m 3:30    | 0 p.m. | Spanish for Niños - Fellowship Room                                      |
| 3:30 p.m 4:1     | 5 p.m. | Tae Kwon Do - Little Warriors - Aerobics Room - Master Bruce             |
| 4:20 p.m 5:0     | 5 p.m. | Tae Kwon Do - Ninja Warriors - Aerobics Room - Master Bruce              |
| 4:45 p.m 5:45    | 5 p.m. | Jazzercise - Upper Hall East   |
| 5:15 p.m 6:19    |        | Low Impact Aerobics - Aerobics Room - Lori Priess                        |
| 6:00 p.m 7:00    | 0 p.m. | Basketball League Practice - 4th Grade Boys - Gym - Coach Mark Crosswell |
| 6:00 p.m 7:00    | 0 p.m. | Basketball League Practice - 3rd Grade Girls - Gym - Coach Tony Essalih  |
| 6:00 p.m 7:15    | 5 p.m. | Jazzercise - Upper Hall  |
| 7:00 p.m 8:00    | •      | Basketball League Practice - 4th Grade Boys - Gym - Coach Chad Muir      |
| 7:00 p.m 8:00    |        | Basketball League Practice - 5th Grade Girls - Gym - Coach Kevin Frankel |
| 7:00 p.m 8:3     | 0 p.m. | Tai Chi - Aerobics Room - Betty & Greg Watson                            |
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# Thursday, January 10

| 7:00 a.m 8:00 a.m. 8:00 a.m 9:00 p.m. 8:00 a.m 9:00 p.m. 8:30 a.m 9:30 a.m. 8:30 a.m 12:00 noon 9:30 a.m 10:30 a.m. 12:00 noon- 1:00 p.m. 1:00 p.m 4:00 p.m. 1:30 p.m 4:00 p.m. 2:45 p.m 3:30 p.m. 3:00 p.m 6:00 p.m. 4:25 p.m 5:10 p.m. 4:25 p.m 5:45 p.m. 4:25 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 7:15 p.m. 6:15 p.m 7:15 p.m. 7:00 p.m 8:00 p.m. | Men's Thursday Morning Bible Study - Family Room FACILITIES OPEN Personal Trainer - Weight Room Swaybody Fitness Class - Aerobics Room - Norma Perez SMEP Gym Class - Gym CLS Groups - Family Rm, Fellowship Rm, Game Rm Men's Outpost AA Meeting - Upper Hall Mary Hughes' Mah Jongg Group - Lobby (one table) Christi Liedtke's Mah Jongg Group - Lobby (two tables) Gymnastics - Old 3's & Pre-K - Gym - Steve Brown Spring Piano Lessons - Family Room - Marilyn Hanovich Gymnastics - Kinder, 1st & 2nd Grades - Gym - Steve Brown Gymnastics - 3rd, 4th & 5th Grades - Gym - Steve Brown Jazzercise - Upper Hall East Swaybody Fitness Class - Aerobics Room - Norma Perez Basketball League Practice - 4th Grade Boys - Gym - Coach Brooke Robertson Basketball League Practice - 2nd Grade Boys - Gym - Coach Michael Piazza Basketball League Practice - 3rd Grade Girls - Gym - Coach Michael Piazza Basketball League Practice - 2nd Grade Boys - Gym - Coach Michael Piazza |
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# Friday, January 11

| 8:00 a.m 4:30 p.m.     | FACILITIES OPEN                                      |
|------------------------|--|
| 8:00 a.m 4:30 p.m.     | Personal Trainer - Weight Room                       |
| 8:30 a.m 12:00 noon    | SMEP Gym Class - Gym                                 |
| 9:00 a.m 10:00 a.m.    | Swaybody Fitness Class - Aerobics Room - Norma Perez |
| 12:00 noon - 2:00 p.m. | Men's Lunchtime Basketball - Gym                     |
| 2:45 p.m 3:30 p.m.     | Friday Soccer Shots - Gym                            |

# Saturday, January 12

|  | 9:15 a.m 10:15 a.m. |  |
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